

Love Our Show





COOKING SCHEDULE



"Love Our Show"

Zero Tolerance to Abuse

Aggressive behaviour and any form of verbal or physical abuse towards any person including staff, members, volunteers, competitors or guests will not be tolerated on the Maitland Showground at any time

Anyone engaging in inappropriate behaviour at the Maitland Showground will be asked to change their behaviour, issued a formal warning, removed from the grounds or barred from entering the grounds in the future.





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COOKING SCHEDULE

General Information:

Entry Forms:

Online entries via Maitland Showground webpage.
 https://maitlandshowground.com.au/msevents/maitland-show/competitions/

Online entries close on Wednesday 5th February 2025.

Please complete your entry and payment online.

• Or deliver your entry form by close Wednesday 5th February , 2025 - 2pm

To Maitland Showground Office 50 Blomfield Street, Maitland 2320.

Office hours 9am to 2pm Phone: 02 49335052

Payment: Cash or Eftpos only.

Entry Fees Open Section \$2 per Entry

Juniors \$1 per entry (under 18 years)

People with a disability \$1 per entry

No refunds are available.

No new entries will be accepted on the day.

No late entries will be accepted.

Delivery Times Thursday 13th February 2025 - 7:30am to 10am for all baking and preserves.

Delivery Location Thomas Morgan Pavilion, Maitland Showground

Collection Times Sunday 16th February, 2025 - 3pm to 6pm.

See Chief Steward Dianne Innes If other arrangements need to be made.

Chief Steward Dianne Innes Enquiries: 0408 664 796

Judges: Tracey Cambourn and Erin Campbell.

Judging Date & Time: Thursday 13th February from 10:30am.

"An invitation is issued to observe the judging entries in the Cooking Schedule." Judging will occur on Thursday 13th February in the Thomas Morgan Pavilion, starting at 10.30am.

Prizes All Prize Money will be paid by Direct Deposit after the show. Winners will be

contacted by email with a secure payment link to enter banking details for prize

payment.

Sponsors: Brancourts





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Exhibitors Notes/Rules

Conditions of Entry into the Bakery Competitions

- 1. The judge's decision in all sections is final, no correspondence will be entered into.
- 2. Exhibitors must comply with the conditions in the schedule, such as tin/jar size, recipe to use and ingredient list to be supplied, where required.
- 3. 20cm (8in x 8in) round cake tins to be used unless otherwise stated.
- 4. Cake Boards will be supplied by Maitland Show Committee on the day.
- 5. NO late entries will be accepted.
- 6. No more than 3 entries in each class per exhibitor.
- 7. Each entry is to be made from a separate mix.
- 8. This competition is for Amateurs only.
- 9. The judge reserves the right to reject any entry which is not considered to be satisfactory. Where there are only 1 or 2 entrants in a class, First and Second place will only be awarded if the entries are of First and Second place quality.

Condition of Entry into the Preserving Competition

- 10. The decision of the Judges is final. No correspondence will be entered into.
- 11. All entries require a small label containing a complete list of all ingredients. See the sample in hints.
- 12. Exhibitors must comply with the conditions laid down in the schedule.
- 13. 250ml jars to be used unless otherwise stated.
- 14. Definitely NO late entries will be accepted.
- 15. No more than 3 entries in each class per exhibitor.
- 16. Each entry is to be made from a separate mix.
- 17. No exhibitors' names or advertising to appear on any part of the entry.
- 18. No plastic, wax, or paper is to be used between the lid and the product.
- 19. This is a competition for Amateurs only.
- 20. The judge reserves the right to reject any entry which is not considered to be satisfactory. Where there are only 1 or 2 entrants in a class, First and Second place will only be awarded if the entries are of First and Second place quality.

We thank our sponsors for supporting the Cooking Section at Maitland Show







Love Our Show

14 - 15 - 16 February 2025



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SECTION 1: Brancourts Competition

Sponsored by Brancourts

Prize money and prize cards will be awarded at the judge's discretion.

Prize Money 1st Prize - \$30. 2nd Prize - \$15. Prize Ribbons 1st and Second Place and prize cards

Judges Choice

600 Cottage Cheese & Onion Sausage Rolls-Recipe 1 from the recipe section must be used.



Pumpkin, Cottage Cheese and Parmesan Muffins.

Recipe 2 from the recipe section must be used.



Any other recipe using Brancourts Products.

The Recipe used must be provided.







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SECTION 2: Maitland - Country Women's Association

Prize money donated by Maitland Country Women's Association

Prize money and prize cards will be awarded at the judge's discretion.

Prize Money 1st Prize - \$10. 2nd Prize - \$5. Prize Ribbons 1st and Second Place and prize cards

Judges Choice

603 Choc Chip Cookies – 10 years and Under

Own recipe to be used.

604 Chewie Slice - 11 to 14 years

Recipe 3 from the recipe section must be used.

605 Iced Chocolate Cake – 15 to 17 years

Recipe 4 from the recipe section must be used.

606 Peach Blossom Cake – Over 18 years

Recipe 5 from the Recipe section must be used.

607 Pineapple and Onion Relish - Open

Recipe 6 from the recipe section must be used.

SECTION 3: 2025 Maitland Show Theme: 'Love Our Show'

Prize money and prize cards will be awarded at the judge's discretion.

Prize Money 1st Prize - \$30. 2nd Prize - \$15. Prize Ribbons 1st and Second Place and prize cards

Judges Choice

All cakes must be covered with fondant. Buttercream is NOT accepted as there is a lack of refrigerated showcases.

Hand-made, dummy and commercial cakes may be used.

Entries will be Judged on Technique, Imagination and Decoration.

Decorated Cakes

608 "Love our Show" Themed Decorated Cake

609 Decorated cake for Valentine's Day.





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SECTION 4: Agricultural Societies Council NSW – Rich Fruit Cake

Prize money and prize cards will be awarded at the judge's discretion.

Prize Money 1st Prize - \$30. 2nd Prize - \$15. Prize Ribbons 1st and Second Place and prize cards

Judges Choice

610 ASC Rich Fruit Cake

Recipe 7 from the recipe section must be used.

SECTION 5: General Baked Products

Prize money and prize cards will be awarded at the judge's discretion.

Prize Money 1st Place \$5 2nd Place \$3

Prize Ribbons

1st and 2nd place ribbons and cards
Best Exhibit – Baking – Judges Choice
Most Successful Individual Exhibitor – Baking
Most Successful Junior Exhibitor – Baking

CAKES

611	Boiled fruit cake
612	Pumpkin Fruit Cake
613	Sultana Cake
614	Date and Walnut Loaf – Loaf tin to be used.
615	Plain Sponge made with 4 Eggs.
616	Plain Butter Cake with lemon glace icing -
	Recipe 8 from the recipe section must be used.
617	Chocolate Cake
618	Traditional Marble Cake – pink chocolate vanilla with pink glace icing.
619	Cinnamon Teacake
620	Banana Cake – No Icing
621	Carrot Cake – No Icing
622	Traditional Scones – a plate of 2.
623	Savoury Scones – a plate of 2.
624	Date Scones – a plate of 2.
625	Pumpkin Scones – a plate of 2



626

Damper - any variety



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627	Focaccia	anv	variety	,
02/	rocaccia	ally	variety	/

- 628 Choc Chip Muffins a plate of 3 pieces
- 629 Jelly Cakes with mock cream filling a plate of 2.
- 630 Decorated Cupcakes a plate of 3 pieces.
- 631 Lamingtons a plate of 2, 6cm square
- Rock Cakes a plate of 2.

BISCUITS

- Anzac Biscuits a plate of 2.
- 634 Gingernut Biscuits, crisp a plate of 2
- 635 Cornflake Biscuits –a plate of 2
- 636 Jam Drops a plate of 2
- 637 Lemon Tartlets a plate of 2

SLICES

- 638 Raspberry Slice Jam and Coconut topping 2 pieces 4cmx4cm only
- 639 Chocolate Caramel Slice 2 pieces 4x4cm only
- 640 Ginger Slice- 2 pieces 4cmx4cm only

Recipe 9 from the recipe section must be used.

GLUTEN-FREE

Personal Favorite Slice – a plate of 2 pieces 6cmx6cm only

DIABETIC

642 Personal Favourite Cake

VEGAN

643 Personal Favourite Cake

HOME MADE BREAD

- 644 Loaf of White Bread small loaf made in a Bread maker of similar
- 645 Loaf of Sourdough

SENIOR (OVER 60)

- 646 Carrot Cake with Cream Cheese icing
- 647 Biscuits own choice a plate of 2
- Slice own choice 2 pieces 4cmx4cm only.

MEN'S SECTION

- 649 Damper
- 650 Biscuit own choice a plate of 2
- 651 Muffin own choice a plate of 2





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SECTION 6: Morpeth – Country Women's Association

Prize money donated by Morpeth Country Women's Association

JUNIOR BAKING

Prize money and prize cards will be awarded at the judge's discretion.

Prize Money 1st Prize - \$5. 2nd Prize - \$3. Prize Ribbons 1st and Second Place and prize cards

Judges Choice

5 YEARS AND UNDER (Limited Parental Help)

652 Decorated arrowroot biscuit – face – a plate of 2

653 Chocolate Crackles – a plate of 2

6 TO 8 YEARS (Limited Parental Help)

654 Packet Cake Mix – no icing.

655 Family favorite biscuit – a plate of 2

656 Honey Joys

9 TO 12 YEARS

657 Lemonade Scones – a plate of 2

658 Monte Carlos biscuits – a plate of 2

Recipe 10 from the Recipe section must be used.

659 Choc chip muffins – a plate of 3

Decorated Packet Cake – Theme - 'A Valentine Theme'.

- Judged on decoration ONLY. No larger than a small paper plate.
- Please use fondant or glace icing.

13 TO 18 YEARS

- 661 Lemonade Scones a plate of 2
- 662 Chocolate Lamingtons a plate of 2 6cmx6cm in size.
- Easy Coconut Ice a plate of 2 pieces 4cmx4cm only Recipe 11 from recipe section must be used.
- 664 Decorated Packet Cake Theme "Valentine's Day Cake"
 - To be Judged on decoration ONLY.
 - Please use fondant or glace icing. (Butter icing will melt in the heat of February).





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SECTION 7: Preserves

Prize money and prize cards will be awarded at the judge's discretion.

Prize Money 1st Place \$5 2nd Place \$3

Prize Ribbons 1st and 2nd place ribbons and cards

Best Exhibit - Preserves - Judges Choice

Most Successful Individual Exhibitor – Preserves Most Successful Junior Exhibitor – Preserves

JAMS - 250ml Jar

665	Strawberry Jam
666	Grape Jam
667	Plum Jam

668 Apricot Jam – fresh apricots to be used.

669 Fig Jam

670 Tropical Fruit jam (more than 2 fruits) 671 Red Tomato Jam – tomato only

672 Tomato and Pineapple Jam

Any other Jam - Sweet – not mentioned.
 Any other Jam – Savoury – not mentioned
 Collection – 3 jars of 3 different Jams

CONSERVES - 250ml Jar

Raspberry ConserveAny other Conserve.

JELLIES - 250ml Jar

678 Any variety of Jelly

MARMALADES - 250ml Jar

679 Orange Marmalade
680 Lime Marmalade
681 Citrus Marmalade
682 Four Fruit Marmalade
683 Cumquat Marmalade

684 Collection – 3 jars of 3 different marmalades





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BUTTERS AND SPREADS - 250ml Jar

685 Lemon Butter 686 Passionfruit Butter

CHUTNEYS - 250ml Jar

687 Apple Chutney688 Mango Chutney

689 Any other variety of Chutney

PICKLES - 250ml Jar

690 Pickled Onions
691 Choko Pickles
692 Pickled Beetroot
693 Mustard Pickles

RELISH - 250ml Jar

694 Tomato Relish 695 Corn Relish 696 Cucumber Relish

697 Beetroot Relish698 Any other Relish

SAUCES - 250 - 375mL bottle. Sealed with stopper, screw top or cork.

699 Tomato Sauce700 Chilli Sauce

701 Worcestershire Sauce

702 Passata703 Plum Sauce704 Chocolate Sauce

MISCELLANEOUS - Use a small flat jar 100-200ml size

705 Basil Pesto – Any variety. Please supply the ingredient list.

706 Dukkha mix – Any variety. Please supply the ingredient list.

707 Fruit Paste - Any variety.

A Gift Box containing 1 bottle of 5 different types of preserves from 3 different categories. Judged by the appearance and the flavour combinations in the Gift Box.

MEN'S SECTION - 250ml Jar

709 Jar of Jam

710 Jar of Pickles

711 Jar of Relish

712 Jar of Chutney

713 Sauce – any variety – 250 - 375ml bottle. Use with stopper, screw top, or cork.

714 Passionfruit Butter



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JUNIOR SECTION (18 YEARS AND UNDER)

- 715 Any variety of Jam
- 716 Any variety of Marmalade
- 717 Lemon butter
- 718 Any variety of Relish
- 719 Any variety of Pickles
- 720 Any variety of Chutney
- 721 Flavoured oil any variety 250 375ml bottle. Use with stopper, screw top, or cork.

SECTION 8: BBQ / American Smokers

Prize money and prize cards will be awarded at the judge's discretion.

Prize Money 1st Prize - \$5. 2nd Prize - \$3. Prize Ribbons 1st and Second Place and prize cards

Judges Choice

Criteria – a minimum of 50gms to be provided for Judging

722 Beef BBQ Rub

723 All-purpose Rub

724 Chicken BBQ Rub

725 Jerky

726 Biltong





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RECIPE SECTION

SECTION 1 Brancourt Competition

RECIPE 1 – Brancourt Recipe Cottage Cheese & Onion Sausage Rolls

Ingredients

- 1 Tablespoon fennel seeds
- 1/2 Tablespoon cumin seeds
- 1 teaspoon sea salt
- 1 Tablespoon vegetable oil
- 1 brown onion diced
- 500 grams of beef mince
- 1 cup Brancourts Cottage Cheese
- 2 eggs
- 1 teaspoon salt
- 1 teaspoon ground black pepper
- ½ cup breadcrumbs (slices of bread made into rough breadcrumbs)
- 4 6 sheets puff pastry



Serves 4

- 1. Grind the fennel seeds, cumin seeds, and sea salt in a mortar and pestle. In a medium pan, cook the onions and ¾ of the spice blend with the oil on medium heat until translucent (2-3 minutes).
- 2. Add the beef, cottage cheese, eggs, onions, breadcrumbs, salt, and pepper into a large bowl and mix well (using hands is the best to ensure cottage cheese is blended through evenly).
- 3. Heat the oven to 200°C. Line a baking tray with parchment paper.
- 4. Lay out 1 sheet of puff pastry at a time. Cut in half and add 1 Tablespoon of the mixture to one side of the pastry, leaving a few millimetres to the side.
- 5. Squish the mixture together to form a long sausage.
- 6. Fold the long side of the pastry over to meet the short side and crimp shut.
- 7. Flip over and place on the baking tray, cutting to the desired size. Repeat with the remaining mixture.
- 8. Brush or spray with olive oil. Sprinkle sea salt and fennel seeds. Bake for 10 12 minutes or until golden brown and puffed.
- 9. Serve of best 3 6cm long for competition.





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RECIPE 2 – Brancourt Recipe Pumpkin, Cottage Cheese and Parmesan Muffins

Ingredients

250g Brancourts cottage cheese (Classic, Lactose-free, Protein +)

350ml buttermilk

2 free-range eggs, lightly beaten.

300g self-raising flour.

1 teaspoon flaked salt

Cracked black pepper.

160g pumpkin, peeled and coarsely grated.

40g Parmesan cheese, grated.



Method

- 1. Preheat oven to 190° C (170° C fan forced). Lightly spray the holes of a $12 \times \%$ cup muffin pan with cooking oil.
- 2. In a bowl combine the cottage cheese, buttermilk, and egg and whisk together with a fork. Add flour, salt, and pepper and stir with a metal spoon to just combine the ingredients. Lastly, fold through the pumpkin and Parmesan.
- 3. To make muffins use a slightly heaped ¼ cup of mixture to fill each hole.
- 4. Bake for 25 minutes until golden and when the tops of the cooked muffins spring back when gently touched. Stand in pan for 5 minutes before removing to a wire cooling rack.
- 5. Ideally serve warm with a little extra cottage cheese or butter to spread.
- 6. Serve of best 3 without filling for competition.

Note: any pumpkin variety will work well.





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Maitland

SECTION 2: CWA Maitland Branch Recipes

RECIPE 3

Chewie Slice

Ingredients

- 1 cup rolled oats
- 1 cup sultanas
- 1 cup sugar
- 1 cup coconut 1 cup SR Flour
- 1 egg, lightly beaten
- 125g butter
- 1 Tablespoon golden syrup

- 1. Pre-heat oven 180°C 160°C fan forced.
- 2. Lightly grease slice tin by greasing sides and base and lining the base with baking paper.
- 3. Mix dry ingredients together in a bowl.
- 4. Melt butter and golden syrup.
- 5. Pour over dry ingredients and mix well.
- 6. Place into prepared slice tin, press and smooth on top.
- 7. Bake for 30 minutes or until golden brown. (Top will feel soft but firms as it cooks)
- 8. Remove from oven, cool in tin, when cold cut into 6cm x 4cm pieces for judging. 3 pieces required for Judging.





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RECIPE 4

Iced Chocolate Butter Cake

Ingredients

- 125g butter
- 1 % cups SR Flour
- 1 ¼ cups caster sugar
- ½ teaspoon bicarbonate of soda
- 2 eggs
- 1 cup milk
- 2 tablespoons cocoa

- 1. Grease and line a 20cm round tin.
- 2. Place all ingredients into a bowl and beat well until the chocolate mixture changes colour and all the ingredients are combined. A food processor can be used if you like.
- 3. Pour the mixture into the tin. Bang the tin lightly on the bench to even out the mixture.
- 4. Cook in a moderate oven for about 1 hour until the cake is cooked. (this will depend on your oven) HINT: The cake will be ready when it springs back when touched in the centre, and the edge of the cake comes away from the tin.
- 5. When cool, ice on top with chocolate icing.





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RECIPE 5

Peach Blossom Cake

Cake Ingredients

190g butter

1 ¼ cups white sugar

Vanilla

34 cup corn flour

1 1/2 cups plain flour

1 ½ teaspoons baking powder

Pinch salt

34 cup milk

6 egg whites beaten to stiff peaks

Rose pink food colouring

Pink Icing Ingredients

1 1/2 cups icing sugar

10grams butter

2 Tablespoons boiling water

2-3 drops rose pink food colouring.

- 1. Preheat oven to 150°C. Grease and flour a round 20cm cake tin.
- 2. Sift flour, cornflour, baking powder, and salt three times.
- 3. Cream butter and sugar until pale and fluffy.
- 4. Add half the milk as it helps to dissolve the sugar.
- 5. Add flours and fold to combine.
- 6. Fold in beaten egg whites and remaining milk until smooth.
- 7. Take ¼ of the mixture and colour with 2-3 droplets of rose-pink colour.
- 8. Place spoonful's of the white cake batter over the base of the prepared tin.
- 9. Spoon over pink cake batter in a circular pattern, and cover with ½ the remaining white batter.
- 10. Fill the centre with the remaining pink batter and cover with the remaining white batter.
- 11. Bake for 60 70 minutes. Remove from oven, the cake is cooked when it springs back to the touch and will lift away from the pan when lightly shaken.
- 12. Allow to cool on a flat tea towel lined with baking paper.
- 13. For icing, combine ingredients until smooth. When the cake is cooled, decorate it with pink icing.





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RECIPE 6

Pineapple and Onion Relish

Ingredients

- 1 kg onions
- 2 cups cider vinegar
- 2 cups sugar
- 450g crushed pineapple (not drained)
- 1 Tablespoon curry powder
- 1 Tablespoon mustard powder
- 3 dessertspoons salt
- 2 Tablespoons cornflour

- 1. Chop the onions into small pieces, sprinkle with salt, cover, and leave overnight.
- 2. Next day pour 2 cups water over the onions then drain.
- 3. Place vinegar and sugar into a saucepan and stir until the sugar dissolves.
- 4. Add drained onions and bring to a boil.
- 5. While boiling add the pineapple and boil gently for 20 minutes.
- 6. Mix the cornflour, curry powder, and mustard with an additional ½ cup vinegar.
- 7. Pour into the saucepan and let boil for 2 minutes.
- 8. Bottle into hot sterilized jars and seal.





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RECIPE 7

AgShows NSW Rich Fruit Cake Competition Rules and Regulations

This is sponsored by the Agricultural Societies Council of NSW.

Note in any year an individual competitor may participate in only one Group Final representing a Show Society and, consequently, may represent only one Group in the subsequent State Final.

The Competition Process

Local competition – The winner receives their specified prize and is eligible to enter the second stage of the competition.

Group Finals – are conducted in each of the 14 regional groups. Eligible entrants are required to bake a second Rich Fruit Cake to compete in the Group Final. The Winner will be required to bake a second 'Rich Fruit Cake' in order to compete in a Group Final to be conducted by each of the fourteen Groups of the Agricultural Societies Council of NSW.

NSW State Final is to be held at the Sydney Royal Easter Show annually. Entry is open only to the Group finalists from regional competitions. Eligible entrants will be required to bake a third Rich Fruit Cake to compete in the NSW State Final. The fourteen winners at Group Level will each receive a cash prize of \$30.00 and are required to bake a third 'Rich Fruit Cake' for the final judging at the Royal Easter Show where the winner will receive a cash prize of \$100.00.

The following recipe is compulsory for all entrants and must be printed in all schedules.





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AgShows NSW Rich Fruit Cake

Ingredients:

250g sultanas

250 g chopped raisins

250 g currants

125 g chopped mixed peel.

90 g chopped red glace cherries.

90 g chopped blanched almonds.

¹/₃ cup sherry or brandy

250 g plain flour

60 g self-raising flour

¹/₄ teaspoon grated nutmeg

¹/₂ teaspoon ground ginger

¹/₂ teaspoon ground cloves

250g butter

250g soft brown sugar

½ teaspoon lemon essence OR finely grated lemon rind

½ teaspoon almond essence

½ teaspoon vanilla essence

4 large eggs.

Recommended Method:

- 1. Mix together all the fruits and nuts and sprinkle with the sherry or brandy. Cover and leave for at least 1 hour, but preferably overnight.
- 2. Sift together the flours and spices.
- 3. Cream together the butter and sugar with the essences.
- 4. Add the eggs one at a time, beating well after, each addition.
- 5. Then alternately add the fruit and flour mixtures. Mix thoroughly. The mixture should be stiff enough to support a wooden spoon.
- 6. Place the mixture into a prepared square 20cm x 20cm (8" x 8") tin and bake in a slow oven for approximately 3 ½ 4 hours.
- 7. Allow the cake to cool in the tin.

Note: To ensure uniformity and depending upon the size it is suggested the raisins be snipped into 2 or 3 pieces, cherries into 4-6 pieces, and almonds crosswise into 3-4 pieces.





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RECIPE 8

Butter cake with lemon Glace icing only, no decoration

Ingredients

- 250g butter
- 1½ cups sugar
- 4 eggs
- 2 cups Self Raising Flour
- ¼ teaspoon baking powder
- ¼ cup of milk
- 4 Tablespoon cornflour

Method

- 1. Preheat oven to 180°C.
- 2. Grease a 20cm tin and line base.
- 3. Cream butter and sugar in a bowl and beat with an electric mixer until smooth and well combined.
- 4. Add eggs one at a time, beating well.
- 5. Add sifted flour and baking powder then gradually add milk.
- 6. Beat well until combined, add cornflour and mix together, beat for 5 minutes.
- 7. Place the mixture into the cake tin and bake for approximately 45 minutes. Rest in the tin for 10 minutes, before turning it onto a covered rack for cooling.

Lemon Glace Icing

Ingredients

- 2 cups (320g) sifted icing sugar
- 2 Tablespoons softened butter
- 2 teaspoons lemon juice

- 1. Place icing sugar into a bowl, stir in butter, and then lemon juice.
- 2. Cream thoroughly until smooth.
- 3. If icing is too runny you may add extra icing sugar.
- 4. Place a knife in warm water to help spread the icing.





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RECIPE 9

Ginger Slice

Ingredients

160g chopped dates.

125g butter

70g glace ginger - chopped.

¹/₃ cup sugar

3 cups slightly crushed cornflakes

- 1. In a large saucepan stir dates, butter, sugar, and ginger until the sugar is dissolved and the dates and ginger are soft.
- 2. Add cornflakes, mix well, and put into a slice tin.
- 3. When cool drizzle melted dark chocolate over.
- 4. Cut when the chocolate is set.





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RECIPE 10

Monte Carlos Biscuits

Ingredients

185g softened butter

% cup brown sugar – firmly packed

1 egg

1 teaspoon vanilla essence

11/2 cups self-raising flour

34 cup plain flour

½ cup coconut

Raspberry jam

Method

- 1. Preheat oven to moderate 180°C.
- 2. Lightly grease oven trays or use baking paper.
- 3. Cream butter and sugar until light and pale in colour.
- 4. Add egg and vanilla and beat well.
- 5. Add sifted dry ingredients and coconut and mix well.
- 6. Roll teaspoonfuls of mixture into balls. Shape the balls into ovals and place them on trays.
- 7. Rough the biscuit with the back of a fork.
- 8. Bake for 10 -15 minutes or until golden brown.
- 9. Remove from oven, cool on a wire rack.
- 10. When fully cold place a small teaspoon of Jam on the underside of one biscuit, and the same amount of cream filling on the other. Gently press together so the filling comes nearly out to the sides.

Filling

60g softened butter

% cup sifted icing sugar

½ teaspoon vanilla

2 teaspoons milk

- 1. Cream butter and sifted icing sugar until light and fluffy.
- 2. Add vanilla and gradually add milk then beat well.





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RECIPE 11

Easy Coconut Ice

Ingredients

1 tin Sweetened Condensed Milk2 cups of sifted icing sugar mixture3 ½ cups coconutPink food colouring

- 1. Place condensed milk, icing sugar and coconut into a bowl.
- 2. Mix with a spoon till stiff. You may need to use your hands as it gets stiffer.
- 3. Divide in half, press one half into a lined tin and spread with a spoon until smooth.
- 4. Add the food colouring to the other half of the mixture and mix until combined and evenly coloured. Remember the colour should be pastel.
- 5. Spread on top of the white layer and press firmly with a spoon until evenly spread, sprinkle with extra coconut.
- 6. Cover with a linen tea towel and leave to dry out for at least 3 hours.

